

Pão & Pastelaria

Pastelaria Sortida	1,50€
Panquecas	6,50€
Servidas com xarope de ácer, açúcar em pó, canela, frutos vermelhos e natas batidas	
Rabanadas	6,50€
Servidas com xarope de ácer, açúcar em pó, canela, frutos vermelhos e natas batidas	
Torradas	1,80€
Seleção de pães com manteiga e compota	2,50€

Taças de Pequeno Almoço

Salmão Fumado	9,50€	Smoothie de Frutos Vermelhos	7,00€
Salmão fumado, agrião, tomate cherry, abacate, ovos cozidos a baixa temperatura, molho holandês e torradas de pão caseiro		Smoothie de frutos vermelhos, granola, banana, kiwi, framboesa e coco tostado	
Queijo Feta com Rúcula	8,20€	logurte Grego	6,00€
Ovos escalfados, abacate, queijo feta, pico de gallo, nozes, rúcula, crème fraîche e torrada de pão caseiro		logurte grego, granola, morangos, banana, mirtilo, framboesa	
		Fruta	6,80€
		Mistura de fruta da época	

Ovos & Omeletes

Omeletes	6,50€
Queijo, fiambre ou cogumelos com tostas	
Condimento extra: queijo, fiambre, cogumelos, pimentos ou cebola 1,00€	
Ovos Assados	6,50€
Ovos assados com espinafres, queijo feta, tomate cherry, natas e torrada	

Pequeno Almoço Inglês	11,00€
Ovos estrelados, feijão em molho de tomate, salsicha Cumberland, bacon, tomate assado, cogumelos salteados e torrada	
Presunto Serrano Rústico	8,00€
Ovos estrelados, espargos e tomate cherry salteados, presunto serrano, agrião, lascas de parmesão e torrada	

e que tal adicionar...

Bacon	3,00€
Salsicha Cumberland (2)	3,00€
Cogumelos Salteados	2,00€
Abacate 1/2	2,00€
Ovos: Escalfados, estrelados, mexidos	1,50€
Salmão Fumado	6,00€
Tomate Assado	1,00€
Feijão em Molho de Tomate	1,00€

Batidos

Banana	3,50€
Banana, gelado de baunilha, leite e bolacha de canela.	
Morango	3,50€
Morangos, gelado de baunilha e leite	
Chocolate	3,50€
Gelado de chocolate, leite e bolacha Oreo	

Bebidas Quentes

Expresso	1,50€
Expresso descafeinado	1,60€
Expresso duplo	2,25€
Café com leite	2,25€
Cappucino	2,50€
Chocolate quente	3,00€
Galão	2,50€
Abatanado	2,20€
Chá preto	2,00€

Sumos Naturais

Opções: Laranja, fruta da época, maçã Granny Smith e cenoura ou laranja e papaia	
	4,50€
Detox	5,00€
Maçã Granny Smith, pepino doce, kiwi e hortelã	

Smoothies

Manga & Maracujá	5,00€
Manga, maracujá, banana e leite de amêndoa	
Banana & Morango	4,50€
Banana, morangos e leite de amêndoa	
Frutos Silvestres	4,50€
Frutos silvestres, banana e leite de amêndoa.	

BREAKFAST

MON-SUN 08:00-11:00

Bread & Pastries

Assorted Danish Pastries	1,50€
Pancakes	6,50€
Served with maple syrup, red berries, icing sugar, cinnamon and cream	
French Toast	6,50€
Served with maple syrup, red berries, icing sugar, cinnamon and cream	
Toasts	1,80€
Assorted bread with butter and jam	2,50€

Breakfast Bowls

Smoked Salmon	9,50€	Wild Berry Smoothies	7,00€
Smoked salmon, watercress, cherry tomato, avocado, slow cooked eggs, hollandaise sauce and sourdough bread toast		Wild berry smoothie, granola, banana, kiwi, raspberry and roasted coconut	
Feta Cheese and Rocket	8,00€	Greek Yogurt	6,00€
Poached eggs, avocado, feta cheese, rocket, "Pico de Gallo", walnuts, crème fraîche and sourdough bread toast		Greek yogurt, granola, strawberries, banana and raspberry	
		Fruit	6,80€
		Seasonal fruit	

Eggs & Omelettes

Omelettes	6,50€
Cheese, ham or mushroom and toast	
Extra toppings: cheese, ham, mushrooms, peppers or onion 1,00€	
Baked Eggs	6,50€
Baked eggs with spinach, feta cheese, cherry tomato, cream and toast	

Full English	11,00€
Fried eggs, baked beans, Cumberland sausage, roasted tomato, sautéed mushrooms, bacon and toast	
Rustic Serrano Ham	8,00€
Fried eggs, sautéed asparagus and cherry tomatoes, serrano ham, watercress, parmesan shavings and toast	

Why not add...

Bacon	3,00€
Cumberland Sausage (2)	3,00€
Sautéed Mushrooms	2,00€
Avocado 1/2	2,00€
Poached, scrambled or fried egg	1,50€
Smoked Salmon	6,00€
Roasted Tomato	1,00€
Baked beans	1,00€

Shakes

Banana	3,50€
Banana, vanilla ice cream, milk and cinnamon cookie	
Strawberry	3,50€
Strawberries, vanilla ice cream and milk	
Chocolate	3,50€
Chocolate ice cream, milk and Oreo cookie	

Hot Drinks

Espresso	1,50€
Decaf Espresso	1,60€
Double Espresso	2,25€
White Coffee	2,25€
Cappuccino	2,50€
Hot chocolate	3,00€
Latte "Galão"	2,50€
Americano	2,20€
Tea	2,00€

Freshly Squeezed Juices

Options: Orange, seasonal fruit, Granny Smith apple and carrot or orange and papaya	4,50€
Detox	5,00€
Granny Smith apple, sweet cucumber, kiwi and mint	

Smoothies

Mango & Passion Fruit	5,00€
Mango, passion fruit, banana and almond milk	
Banana & Strawberry	4,50€
Banana, strawberries and almond milk	
Forrest Fruits	4,50€
Forrest fruits, banana and almond milk	