

## Couvert

Pão e manteiga (Pão sem glúten disponível a pedido) 1.75€  
*Bread and butter (Gluten free bread available upon request)*

## Sopas | Soups

Sopa do dia | *Soup of the day* 5.00€

Creme de Tomate | *Tomato Soup*  5.00€

Gaspacho Verde | *Green Gazpacho*  5.00€

Sopa fria de pepino doce, abacate, espinafres, sementes de abóbora tostadas e burratina  
*Cold soup with sweet cucumber, avocado, spinach, toasted pumpkin seeds and burratina*

## Entradas | Starters

Camarão Piri-piri | *Piri-Piri Prawns* 12.50€

Azeite extra virgem, alho, coentros, vinho branco e piri-piri  
*Extra virgin olive oil, garlic, coriander, white wine and piri-piri*

Amêijoas da Ria Formosa à Bulhão Pato | *Ria Formosa Clams "Bulhão Pato"* 19.00€

Azeite extra virgem, alho, vinho branco e coentros, servido com tostas e manteiga de alho  
*Extra virgin olive oil, garlic, white wine and coriander, served with toast and garlic butter*

Vegetariano | *Vegetarian:* 

IVA Incluído. Lista de Alergénios e Intolerâncias Alimentares disponível a pedido  
*VAT Included. List of Allergens and Food Intolerances available upon request*

## Saladas | Salads

<b>César   Caesar</b>	14.00€
Frango grelhado, bacon, anchovas, ovo cozido, parmesão, alface romana e croutons <i>Grilled chicken, bacon, anchovies, hard-boiled egg, croutons, romaine lettuce and parmesan shavings</i>	
<b>Abacate com Camarão Tigre Grelhado   Avocado with Grilled Tiger Prawns</b>	21.00€
Camarão tigre grelhado, abacate, cebola roxa, tomate cherry, alho, coentros, mistura de alfaces, azeite e sumo de limão <i>Grilled tiger prawns, avocado, red onion, cherry tomatoes, garlic, coriander, mixed leaves, olive oil and lemon juice</i>	
<b>Caprese</b> 	14.00€
Tomate, queijo burrata, azeite extra virgem, manjeriço e glaze de vinagre balsâmico <i>Tomato, burrata cheese, extra virgin olive oil, basil and a balsamic vinegar glaze</i>	
<b>Poke de Salmão   Salmon Poke</b>	18.00€
Salmão fumado, arroz de sushi, abacaxi, abacate, sementes de sésamo, pepino doce e molho ponzu <i>Smoked salmon, sushi rice, pineapple, avocado, sesame seeds, sweet cucumber and a ponzu sauce</i>	
<b>Poke de Atum   Tuna Poke</b>	14.50€
Atum corado, sementes de sésamo, pepino doce, abacate, manga, tomate cherry, arroz de sushi e molho de ponzu <i>Seared tuna, sesame seeds, sweet cucumber, avocado, mango, cherry tomatoes, sushi rice and a ponzu sauce</i>	

## Principais | *Mains*

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<b>Fish and Chips</b> Com puré de ervilha e molho tártaro   <i>With mushy peas and tartar sauce</i>	15.00€
<b>Peixe do dia Grelhado   <i>Grilled Fish of the Day</i></b> Servido com batata nova cozida e legumes   <i>Served with new boiled potatoes and vegetables</i>	20.00€
<b>Camarão Tigre Frito com Alho e Chilli</b> <i>Fried Tiger Prawns with Garlic and Chilli</i> Servido com arroz de soja, passas de uva, pinhões e salada mista   <i>Served with soy rice, raisins, pine nuts and a mixed salad</i>	26.50€
<b>Frango Piri-piri   <i>Chicken Piri-Piri</i></b> Servido com batata frita e salada mista   <i>Served with French fries and a mixed salad</i>	12.00€
<b>Bife do Acém   <i>Rib Eye Steak</i></b> Servido com batata gomo picante, molho bearnês e salada mista <i>Served with hot potato wedges, béarnaise sauce and a mixed salad</i>	27.00€

## Menu de Criança | *Kids Menu*

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<b>Goujons de Peixe, servido com Puré de Batata, Ervilhas e Agrião</b> <i>Fish Goujons, served with Mashed Potato, Peas and Watercress</i>	9.00€
<b>Hambúrguer   <i>Hamburger</i> *</b>	7.00€
<b>Nuggets Frango   <i>Chicken Nuggets</i> *</b>	7.00€
<b>Pizza Criança   <i>Kids Pizza</i></b>	7.50€
<b>Esparguete à Bolonhesa Criança   <i>Kids Bolognese</i></b>	7.50€
<b>Peito de Frango Grelhado com Arroz Branco e Legumes</b> <i>Grilled Chicken Breast with White Rice and Vegetables</i>	10.00€

\* Servido com batatas fritas | *Served with French fries*


## Massas | Pasta

<b>Lasanha Bolonhesa   <i>Bolognese Lasagne</i></b>	14.00€
Bolonhesa, molho bechamel e queijo mozzarella   <i>Bolognese, bechamel sauce and mozzarella cheese</i>	
<b>Esparguete à Bolonhesa   <i>Spaghetti Bolognese</i></b>	11.00€
<b>Bucatini de Camarão e Amêijoa   <i>Shrimp and Clam Bucatini</i></b>	18.00€
Amêijoa, camarão, molho de tomate, alho e funcho   <i>Clams, shrimp, tomato sauce, garlic, fennel</i>	
<b>Canelone de Ricota e Espinafre   <i>Ricotta and Spinach Cannelloni</i></b> 	10.50€
Molho de tomate, bechamel, queijo mozzarella   <i>Tomato sauce, bechamel and mozzarella cheese</i>	
<b>Pappardelle de Cogumelos com Azeite de Trufa   <i>Mushroom Pappardelle with Truffle Olive Oil</i></b> 	16.00€
Chalotas, cogumelos, vinho da Madeira e crème fraîche   <i>Shallots, mushrooms, Madeira wine and crème fraîche</i>	

## Pizzas Caseiras | Home Made Pizzas

<b>Pão de Alho com Queijo   <i>Garlic Bread with Cheese</i></b> 	6.00€
Azeite virgem extra com alho e queijo mozzarella   <i>Extra virgin olive oil with garlic and mozzarella cheese</i>	
<b>Margarita</b> 	9.50€
Queijo mozzarella e molho de tomate   <i>Mozzarella cheese and tomato sauce</i>	
<b>Frango   <i>Chicken</i></b>	12.00€
Molho de tomate, frango assado, cebola roxa, espinafres e queijo mozzarella <i>Tomato sauce, roasted chicken, red onion, spinach and mozzarella cheese</i>	
<b>Carbonara</b>	12.00€
Crème fraîche, bacon, cebola, cogumelos e queijo mozzarella <i>Crème fraîche, bacon, onion, mushrooms and mozzarella cheese</i>	
<b>Pepperoni</b>	13.00€
Molho de tomate, pepperoni e queijo mozzarella   <i>Tomato sauce, pepperoni and mozzarella cheese</i>	
<b>Curgete, Tomate Cherry e Pesto   <i>Courgette, Cherry Tomato and Pesto</i></b> 	12.00€
Molho de tomate, queijo mozzarella, tomate cherry e pesto <i>Tomato sauce, mozzarella cheese, cherry tomatoes and pesto</i>	
<b>Parma</b>	14.00€
Molho de tomate, queijo mozzarella, azeitonas, tomate soleado, presunto Parma, lascas parmesão e rúcula <i>Tomato sauce, mozzarella cheese, olives, sun-dried tomatoes, Parma ham, parmesan shavings and rocket</i>	
<b>Funghi</b> 	13.50€
Crème fraîche, cebola caramelizada, provolone fumado, parmesão, alecrim, cogumelos e azeite de alho <i>Crème fraîche, caramelised onion, smoked provolone, parmesan, rosemary, mushrooms and garlic olive oil</i>	

## Sandes | Sandwiches

<b>Katsu Sando</b> Tosta com lombo de porco panado frito, salada de couve e molho tonkatsu <i>Toasted sandwich with breaded fried pork loin, kale salad and a tonkatsu sauce</i>	11.50€
<b>Quesadilla de Legumes   Vegetable Quesadilla</b>  Tortilha, salsa picante, courgette, beringela, cogumelos, cebola roxa e manga, servido com guacamole, crème fraîche e salada mista <i>Tortilla, spicy salsa, courgette, aubergine, mushrooms, red onion and mango, served with guacamole, crème fraîche and a mixed salad</i>	11.00€
<b>Quesadilla de Frango   Chicken Quesadilla</b> Tortilha, frango assado, queijo cheddar e mozzarella, manga, coentros, cebola roxa e salsa picante, servido com guacamole, crème fraîche e salada mista <i>Tortilla, roasted chicken, cheddar and mozzarella cheese, mango, coriander, red onion and a spicy salsa, served with guacamole, crème fraîche and a mixed salad</i>	12.50€
<b>Atum Grelhado   Grilled Tuna</b> Bolo lêvedo com atum grelhado, maionese de wasabi, abacate, alface e tomate <i>"Bolo lêvedo" with grilled tuna, wasabi mayonnaise, avocado, lettuce and tomato</i>	12.50€
<b>Club Fairways</b> Tosta tripla com ovo, bacon, pasta de frango com maionese, alface e tomate <i>Toasted triple sandwich with egg, bacon, chicken mayo, lettuce and tomato</i>	13.50€
<b>Prego   Steak</b> Pão caseiro com bife da vazia grelhado, Queijo Ilha São Miguel, pickle de pepino, alface, tomate, cebola roxa e mostarda de mel <i>Sourdough bread with grilled sirloin steak, São Miguel Island cheese, pickled cucumber, lettuce, tomato, red onion and honey mustard</i>	16.00€
<b>Wrap de Frango   Chicken Wrap</b> Tortilha, peito de frango panado, mistura de alfaces, tomate cherry, aros de cebola e molho cocktail <i>Tortilla, breaded chicken breast, mixed leaves, cherry tomato, onion rings and cocktail sauce</i>	11.50€

## Hambúrgueres | Burgers

Pão de hambúrguer brioche caseiro acompanhado com batata frita | *Homemade brioche bun served with French fries*

<b>Beterraba e Quinoa   Quinoa and Beetroot</b>  Cebola caramelizada, abacate, pickle e molho sriracha   <i>Caramelised onion, avocado, pickles and a sriracha sauce</i>	9.50€
<b>Frango com Chutney de Manga e Cebola Roxa</b> <i>Chicken with Mango Chutney and Red Onion</i>	10.00€
<b>Black Angus Simples   Simple Black Angus</b>	11.50€
<b>Black Angus com Queijo   Black Angus with Cheese</b>	12.00€
<b>Black Angus Queijo e Bacon   Black Angus with Cheese and Bacon</b>	13.00€
<b>Black Angus com Queijo Cheddar, Bacon e Cebola Caramelizada</b> <i>Black Angus with Cheddar Cheese, Bacon and Caramelised Onion</i>	15.00€