

# PEQUENO-ALMOÇO

SEG-DOM 08:00-11:00

## Pão & Pastelaria

Pastelaria Sortida	2,20€
Panquecas	7,50€
Servidas com xarope de açúcar, açúcar em pó, canela, frutos vermelhos e natas batidas	
Rabanadas	7,50€
Servidas com xarope de açúcar, açúcar em pó, canela, frutos vermelhos e natas batidas	
Torradas	2,20€
Seleção de pães com manteiga e compota	3,20€
Bagel de Salmão Fumado	11,60€
Queijo creme com endro, salmão fumado, rúcula e cebola roxa	

## Taças de Pequeno Almoço

Salmão Fumado	13,70€	Smoothie de Frutos Vermelhos	8,50€
Salmão fumado, agrião, tomate cherry, abacate, ovos cozidos a baixa temperatura, molho holandês e torradas de pão caseiro		Smoothie de frutos vermelhos, granola, banana, kiwi, framboesa e coco tostado	
Queijo Feta com Rúcula	10,00€	Iogurte Grego	7,50€
Ovos escalfados, abacate, queijo feta, pico de gallo, nozes, rúcula, crème fraîche e torrada de pão caseiro		Iogurte grego, granola, morangos, banana, mirtilo, framboesa	
		Fruta	8,00€
		Mistura de fruta da época	

## Ovos & Omeletes

Omeletes	8,00€
Queijo, fiambre ou cogumelos com tostas	
Condimento extra: queijo, fiambre, cogumelos, pimentos ou cebola 1,00€	
Ovos Assados	8,00€
Ovos assados com espinafres, queijo feta, tomate cherry, natas e torrada	

Pequeno Almoço Inglês	12,60€
Ovos estrelados, feijão em molho de tomate, salsicha Cumberland, bacon, tomate assado, cogumelos salteados e torrada	

e que tal adicionar...

Bacon	3,70€
Salsicha Cumberland (2)	3,70€
Cogumelos Salteados	2,70€
Abacate 1/2	2,70€
Ovos: Escalfados, estrelados, mexidos	2,20€
Salmão Fumado	7,90€
Tomate Assado	1,60€
Feijão em Molho de Tomate	1,60€

## Batidos

Banana	6,50€
Banana, gelado de baunilha, leite e bolacha de canela	
Morango & cheesecake	6,50€
Bolacha digestiva, morangos, queijo creme, leite, iogurte grego e natas batidas	
Snickers	6,50€
Snickers, gelado de baunilha, chocolate, caramelo, xarope de amendoim, natas batidas	

## Bebidas Quentes

Expresso	1,70€
Expresso descafeinado	1,80€
Expresso duplo	2,70€
Café com leite	2,70€
Cappucino	3,20€
Chocolate quente	3,20€
Galão	3,20€
Abatanado	2,70€
Chá preto	2,20€

## Sumos Naturais

Opções: Laranja, fruta da época, maçã Granny Smith e cenoura ou laranja e papaia	
	6,00€
Detox	7,00€
Maçã Granny Smith, pepino doce, kiwi e hortelã	

## Smoothies

Manga & Maracujá	6,50€
Manga, maracujá, banana e leite de amêndoa	
Banana & Morango	6,50€
Banana, morangos e leite de amêndoa	
Melão e Menta	6,50€
Xarope de melão, leite, melão, hortelã	

## BREAKFAST

MON-SUN 08:00-11:00

## Bread &amp; Pastries

Assorted Danish Pastries	2,20€
Pancakes	7,50€
Served with maple syrup, red berries, icing sugar, cinnamon and cream	
French Toast	7,50€
Served with maple syrup, red berries, icing sugar, cinnamon and cream	
Toasts	2,20€
Assorted bread with butter and jam	3,20€
Smoked Salmon Bagel	11,60€
Cream cheese with dill, smoked salmon, rocket and red onion	

## Breakfast Bowls

Smoked Salmon	13,70€
Smoked salmon, watercress, cherry tomato, avocado, slow cooked eggs, hollandaise sauce and sourdough bread toast	
Feta Cheese and Rocket	10,00€
Poached eggs, avocado, feta cheese, rocket, "Pico de Gallo", walnuts, crème fraîche and sourdough bread toast	

Wild Berry Smoothies	8,50€
Wild berry smoothie, granola, banana, kiwi, raspberry and roasted coconut	
Greek Yogurt	7,50€
Greek yogurt, granola, strawberries, banana and raspberry	
Fruit	8,00€
Seasonal fruit	

## Eggs &amp; Omelettes

Omelettes	8,00€
Cheese, ham or mushroom and toast	
Extra toppings: cheese, ham, mushrooms, peppers or onion 1,00€	
Baked Eggs	8,00€
Baked eggs with spinach, feta cheese, cherry tomato, cream and toast	

Full English	12,60€
Fried eggs, baked beans, Cumberland sausage, roasted tomato, sautéed mushrooms, bacon and toast	

## Why not add...

Bacon	3,70€
Cumberland Sausage (2)	3,70€
Sautéed Mushrooms	2,70€
Avocado 1/2	2,70€
Poached, scrambled or fried egg	2,20€
Smoked Salmon	7,90€
Roasted Tomato	1,60€
Baked Beans	1,60€

## Shakes

Banana	6,50€
Banana, vanilla ice cream, milk and cinnamon cookie	
Strawberry & Cheesecake	6,50€
Digestive biscuit, strawberries, cream cheese, milk, Greek yogurt and whipped cream	
Snickers	6,50€
Snickers, vanilla ice cream, chocolate, caramel, peanut syrup and whipped cream	

## Hot Drinks

Espresso	1,70€
Decaf Espresso	1,80€
Double Espresso	2,70€
White Coffee	2,70€
Cappuccino	3,20€
Hot chocolate	3,20€
Latte   "Galão"	3,20€
Americano	2,70€
Tea	2,20€

## Freshly Squeezed Juices

Options: Orange, seasonal fruit, Granny Smith apple and carrot or orange and papaya	6,00€
Detox	7,00€
Granny Smith apple, sweet cucumber, kiwi and mint	

## Smoothies

Mango & Passion Fruit	6,50€
Mango, passion fruit, banana and almond milk	
Banana & Strawberry	6,50€
Banana, strawberries and almond milk	
Melon & Mint	6,50€
Melon syrup, milk, melon and mint	