

Couvert

Pão e manteiga (Pão sem glúten disponível a pedido) 2.00€
Bread and butter (Gluten free bread available upon request)

Sopas | Soups

Sopa do dia | *Soup of the day* 5.50€

Creme de Tomate | *Tomato Soup* 🌱 5.50€

Gaspacho Verde | *Green Gazpacho* 🌱 5.50€

Sopa fria de pepino doce, abacate, espinafres, sementes de abóbora tostadas e burratina
Cold soup with sweet cucumber, avocado, spinach, toasted pumpkin seeds and burratina

Entradas | Starters

Camarão Piri-piri | *Piri-Piri Prawns* 13.00€

Azeite extra virgem, alho, coentros, vinho branco e piri-piri
Extra virgin olive oil, garlic, coriander, white wine and piri-piri

Amêijoas da Ria Formosa à Bulhão Pato | *Ria Formosa Clams "Bulhão Pato"* 20.00€

Azeite extra virgem, alho, vinho branco e coentros, servido com tostas e manteiga de alho
Extra virgin olive oil, garlic, white wine and coriander, served with toast and garlic butter

Vegetariano | *Vegetarian:* 🌱

IVA Incluído. Lista de Alergénios e Intolerâncias Alimentares disponível a pedido
VAT Included. List of Allergens and Food Intolerances available upon request

Saladas | Salads

Falafel e Beterraba Falafel and Beetroot 🌱	13.00€
Falafel, beterraba assada, couscous, cebola roxa, pepino doce, mistura de alfaces, tomate cherry e vinagrete de tahini <i>Falafel, roasted beetroot, couscous, red onion, sweet cucumber, mixed leaves, cherry tomato and tahini vinaigrette</i>	
César Caesar	15.00€
Frango grelhado, bacon, anchovas, ovo cozido, parmesão, alface romana e croutons <i>Grilled chicken, bacon, anchovies, hard-boiled egg, croutons, romaine lettuce and parmesan shavings</i>	
Abacate com Camarão Tigre Grelhado Avocado with Grilled Tiger Prawns	22.00€
Camarão tigre grelhado, abacate, cebola roxa, tomate cherry, alho, coentros, mistura de alfaces, azeite e sumo de limão <i>Grilled tiger prawns, avocado, red onion, cherry tomatoes, garlic, coriander, mixed leaves, olive oil and lemon juice</i>	
Caprese 🌱	15.00€
Tomate, queijo burrata, azeite extra virgem, manjerição e glaze de vinagre balsâmico <i>Tomato, burrata cheese, extra virgin olive oil, basil and a balsamic vinegar glaze</i>	
Poke de Atum Tuna Poke	15.00€
Atum corado, sementes de sésamo, pepino doce, abacate, manga, tomate cherry, arroz de sushi e molho de ponzu <i>Seared tuna, sesame seeds, sweet cucumber, avocado, mango, cherry tomatoes, sushi rice and a ponzu sauce</i>	
Salmão Fumado Smoked Salmon	20.00€
Salmão fumado, alface romana, funcho, laranja, espinafres e molho de mostarda e endro <i>Smoked salmon, romaine lettuce, fennel, orange, spinach and a mustard and dill sauce</i>	

Principais | Mains

Fish and Chips Com puré de ervilha e molho tártaro <i>With mushy peas and tartar sauce</i>	16.00€
Peixe do dia Grelhado Grilled Fish of the Day Servido com batata nova cozida e legumes <i>Served with new boiled potatoes and vegetables</i>	21.00€
Camarão Tigre Frito com Alho e Chilli <i>Fried Tiger Prawns with Garlic and Chilli</i> Servido com arroz de soja, passas de uva, pinhões e salada mista <i>Served with soy rice, raisins, pine nuts and a mixed salad</i>	27.00€
Frango Piri-piri Chicken Piri-Piri Servido com batata frita e salada mista <i>Served with French fries and a mixed salad</i>	13.00€
Bife do Acém Rib Eye Steak Servido com batata gomo picante, molho bearnês e salada mista <i>Served with hot potato wedges, béarnaise sauce and a mixed salad</i>	27.00€

Menu de Criança | Kids Menu

Goujons de Peixe, servido com Puré de Batata, Ervilhas e Agrião <i>Fish Goujons, served with Mashed Potato, Peas and Watercress</i>	11.00€
Hambúrguer Hamburger *	7.50€
Nuggets Frango Chicken Nuggets *	7.50€
Pizza Criança Kids Pizza	8.00€
Esparguete à Bolonhesa Criança Kids Bolognese	8.00€
Peito de Frango Grelhado com Arroz Branco e Legumes <i>Grilled Chicken Breast with White Rice and Vegetables</i>	10.00€

* Servido com batatas fritas | *Served with French fries*

Massas | Pasta

Lasanha Bolonhesa <i>Bolognese Lasagne</i>	14.00€
Bolonhesa, molho bechamel e queijo mozzarella <i>Bolognese, bechamel sauce and mozzarella cheese</i>	
Esparguete à Bolonhesa <i>Spaghetti Bolognese</i>	11.00€
Bucatini de Camarão e Amêijoia <i>Shrimp and Clam Bucatini</i>	20.00€
Amêijoia, camarão, molho de tomate, alho e funcho <i>Clams, shrimp, tomato sauce, garlic, fennel</i>	
Lasanha de Beringela <i>Aubergine Lasagne</i> 🌱	10.50€
Beringela, molho tomate, azeitona verde, massa lasanha, bechamel e queijo mozzarella <i>Aubergine, tomato sauce, green olives, lasagne pasta, bechamel and mozzarella cheese</i>	
Ravioli de Abóbora <i>Pumpkin Ravioli</i> 🌱	13.00€
Ravioli de abóbora e cebola caramelizada, butternut assada, sementes abóbora assadas e molho de nata com pesto <i>Pumpkin and caramelised onion ravioli, roasted butternut, roasted pumpkin seeds and a creamy pesto sauce</i>	

Pizzas Caseiras | Home Made Pizzas

Pão de Alho com Queijo <i>Garlic Bread with Cheese</i> 🌱	7.00€
Azeite virgem extra com alho e queijo mozzarella <i>Extra virgin olive oil with garlic and mozzarella cheese</i>	
Margarita 🌱	10.00€
Queijo mozzarella e molho de tomate <i>Mozzarella cheese and tomato sauce</i>	
Frango com Molho BBQ <i>Chicken with BBQ Sauce</i>	12.00€
Molho BBQ, frango assado, queijo mozzarella, queijo cheddar, cebola crocante e cebolinho <i>BBQ sauce, roasted chicken, mozzarella cheese, cheddar cheese, crispy onion and chives</i>	
Chouriço e Queijo Gorgonzola <i>Chorizo and Gorgonzola Cheese</i>	13.00€
Molho de tomate, Chouriço iberico, cogumelos, tomate cherry, queijo mozzarella, queijo gorgonzola <i>Tomato sauce, Iberian chorizo, mushrooms, cherry tomato, mozzarella cheese and gorgonzola cheese</i>	
Capicola	12.50€
Molho de tomate, queijo mozzarella, cebola roxa, rúcula, queijo creme e capicola <i>Tomato sauce, mozzarella cheese, red onion, rocket, cream cheese and capicola</i>	
Beringela e Cebola Roxa Assada <i>Roasted Aubergine and Red Onion</i> 🌱	11.00€
Molho de tomate, queijo mozzarella, queijo feta, beringela e cebola assada com molho pesto e rúcula <i>Tomato sauce, mozzarella cheese, feta cheese, aubergine and roasted onion with a pesto sauce and rocket</i>	
Pepperoni	14.00€
Molho de tomate, pepperoni e queijo mozzarella <i>Tomato sauce, pepperoni and mozzarella cheese</i>	

Sanduíches | Sandwiches

Surf and Turf	12.50€
Bolo do caco, barriga de porco confitada, crosta de camarão, maionese de lima e gengibre e salsa criolla <i>"Bolo do caco", pork belly confit, prawn crust, lime and ginger mayo and a salsa criolla</i>	
Quesadilla de Legumes Vegetable Quesadilla 🌱	11.50€
Tortilha, salsa picante, courgette, beringela, cogumelos, cebola roxa e manga, servido com guacamole, crème fraîche e salada mista <i>Tortilla, spicy salsa, courgette, aubergine, mushrooms, red onion and mango, served with guacamole, crème fraîche and a mixed salad</i>	
Quesadilla de Frango Chicken Quesadilla	13.00€
Tortilha, frango assado, queijo cheddar e mozzarella, manga, coentros, cebola roxa e salsa picante, servido com guacamole, crème fraîche e salada mista <i>Tortilla, roasted chicken, cheddar and mozzarella cheese, mango, coriander, red onion and a spicy salsa, served with guacamole, crème fraîche and a mixed salad</i>	
Atum Grelhado Grilled Tuna	13.00€
Bolo lêvedo com atum grelhado, maionese de wasabi, abacate, alface e tomate <i>"Bolo lêvedo" with grilled tuna, wasabi mayonnaise, avocado, lettuce and tomato</i>	
Caranguejo de Casca Mole Soft-Shell Crab	18.00€
Pão de hambúrguer, caranguejo de casca mole frito, coleslaw, pepino doce e maionese sriracha <i>Burger bun, fried soft-shell crab, coleslaw, sweet cucumber and a sriracha mayo</i>	
Club Fairways	14.50€
Tosta tripla com ovo, bacon, pasta de frango com maionese, alface e tomate <i>Toasted triple sandwich with egg, bacon, chicken mayo, lettuce and tomato</i>	
Prego Steak	16.50€
Pão caseiro com bife da vazia grelhado, Queijo Ilha São Miguel, pickle de pepino, alface, tomate, cebola roxa e mostarda de mel <i>Sourdough bread with grilled sirloin steak, São Miguel Island cheese, pickled cucumber, lettuce, tomato, red onion and honey mustard</i>	
Wrap de Frango Chicken Wrap	12.00€
Tortilha, peito de frango panado, mistura de alfaces, tomate cherry, aros de cebola e molho cocktail <i>Tortilla, breaded chicken breast, mixed leaves, cherry tomato, onion rings and cocktail sauce</i>	

Hambúrgueres | Burgers

Pão de hambúrguer brioche caseiro acompanhado com batata frita | *Homemade brioche bun served with French fries*

Beterraba e Quinoa Quinoa and Beetroot 🌱	10.50€
Cebola caramelizada, abacate, pickle e molho sriracha <i>Caramelised onion, avocado, pickles and a sriracha sauce</i>	
Frango com Chutney de Manga e Cebola Roxa	11.00€
<i>Chicken with Mango Chutney and Red Onion</i>	
Borrego com Molho de Iogurte Lamb with Yogurt Sauce	14.00€
Carne de borrego, alface, tomate, cebola roxa e molho de iogurte <i>Lamb meat, lettuce, tomato, red onion and a yogurt sauce</i>	
Black Angus Simples Simple Black Angus	12.00€
Black Angus com Queijo Black Angus with Cheese	12.50€
Black Angus Queijo e Bacon Black Angus with Cheese and Bacon	13.50€
Black Angus com Queijo Cheddar, Bacon e Cebola Caramelizada	15.00€
<i>Black Angus with Cheddar Cheese, Bacon and Caramelised Onion</i>	